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Alternative Therapies In Nursing

Acupuncture, aromatherapy, supplements,
and the like—more and more people across
the nation are using these therapies.

Because a number of these people will be
your patients, it's important for you, as a
nurse, to know complementary and
alternative medicine and about how to get
more education if you'd like to implement
them into your practice.

Complementary and Alternative Medicine:
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The seventh edition of this highly
acclaimed book continues to deliver
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use of complementary and alternative therapies in nursing. It is the only book about complementary/alternative therapies that is focused on nursing, has chapters that examine specific therapies along with guidance for their implementation, and addresses therapies through a cultural/international lens.

Complementary & Alternative Therapies in Nursing: Seventh ...

The only book about complementary and alternative therapies written specifically for nurses that focuses on essential evidence for practice, the text uses a consistent format to present a definition and description of each therapy, a summary of how it evolved, and a rationale for its use.

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Nursing Now in its eighth edition, this highly acclaimed, newly revised and expanded text continues to deliver innovative practice guidelines for evidence-based complementary and alternative therapies that can easily be incorporated into curriculum and applied directly to practice. The book describes holistic treatments that are culturally appropriate for clients across the life span and NCLEX ...

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The only book about complementary and alternative therapies written specifically for nurses that focuses on essential evidence for practice, the text uses a consistent format to present a definition and description of each therapy, a summary of how it evolved, and a rationale for its use.

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Complementary and alternative medicine
(CAM) encompasses strategies that can
help individuals meet this goal. CAM
includes therapies such as acupuncture,
dietary supplements, reflexology, yoga,
massage, chiropractic services, Reiki, and
aromatherapy. Many CAM therapies focus

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on the concept of energy. The literature describes the use of CAM in individuals with neurological diseases such as dementias, multiple sclerosis, neuropathies, spinal cord injury, and epilepsy.

Complementary and alternative therapies:
the nurse's role

Complementary therapies are increasingly being offered across the continuum of health care. Nurses are essential for maximizing use of complementary and integrative therapies that support holistic care.

Integrating Complementary Therapies Into
Nursing Practice ...

Complementary and alternative medicines (CAMs) are treatments that fall outside of mainstream healthcare. These medicines and treatments range from acupuncture

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and homeopathy, to aromatherapy,
meditation and colonic irrigation.

Complementary and alternative medicine -
NHS

The only book about complementary and alternative therapies written specifically for nurses that focuses on essential evidence for practice, the text uses a consistent format to present a definition and description of each therapy, a summary of how it evolved, and a rationale for its use.

Complementary & Alternative Therapies
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Alternative therapies are sometimes grouped with complementary therapies, but they refer to different concepts.

Alternative therapies are used in place of conventional medicines or treatments.

There is evidence to support the use of

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some complementary therapies, but alternative therapies are typically unproven or have been shown to be ineffective.

Complementary therapies - Better Health Channel

Complementary and alternative therapies are not typically available through the NHS as a treatment for mental health problems. This is because they aren't typically recommended as evidence-based treatment options by the National Institute for Health and Care Excellence (NICE) – the organisation that produces guidelines on best practice in healthcare.

About complementary & alternative therapies | Mind, the ...

The language of change elements of therapeutic communication.

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Complementary & Alternative Therapies In Nursing The ...

A third term in the mix when it comes to patient care is alternative health care, which is a non-mainstream therapy used in place of conventional care. It includes homeopathic, naturopathic and Chinese or Ayurvedic medicine, which involve the use of botanical drugs.

A Guide to Integrative, Complementary and Alternative ...

Complementary and alternative therapies are often used in combination with traditional medical practices to provide enhanced treatment. This is known as Integrative Medicine. Other times these therapies are used alone in place of traditional medicine. Choose a

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complementary or alternative therapy that interests you and research how it is used alone or in combination with traditional medicine ...

Utilizing Complementary and Alternative Therapies ...

More patients are turning to complementary therapies or alternative medicine (CAM) but recent news reports in NT have highlighted that this remains a difficult area of practice (Nursing Times, 2005a). It is therefore essential to understand the principles and applications behind these therapies. It is also important to look at why patients may favour them and to understand the ethical issues of efficacy, training, competence and patient safety.

The use of complementary therapy in nursing practice ...

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Download. E-BOOK DESCRIPTION.

Now in its eighth edition, this highly acclaimed, newly revised and expanded text continues to deliver innovative practice guidelines for evidence-based complementary and alternative therapies that can easily be incorporated into curriculum and applied directly to practice.

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If a non-mainstream practice is used together with conventional medicine, it's considered "complementary." If a non-mainstream practice is used in place of conventional medicine, it's considered "alternative." Most people who use non-mainstream approaches also use conventional health care.

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